

## Pre and Post Care Instructions

## **PRE-CARE**

- The preparation required before treatment is minimal, but it is suggested that any retinol product should be discontinued 3 days before treatment.
- Inform your provider before treatment if you have any skin allergies or have an active breakout.
- You cannot get a facial if you have an active cold sore.
- If you have recently used the medication Accutane, it is recommended to postpone treatment until at least six months after stopping the medication.
- Excess hair may need to be shaved.

Men should be cleanly shaved 24 hours before treatment.

## **POST-CARE**

- Immediately following the Skin Loft facial, skin may be slightly pink in color depending on the individuals' skin sensitivity.
- Make sure to wear a sunscreen with an SPF of at least 30 and you can begin using your normal product routine the following day.